

Teladoc Health Services

Available with the Fixed Indemnity Medical Plan

Teladoc Health is a convenient and affordable way to speak with a licensed doctor or therapist anywhere you are by phone or video for many common health and mental health issues. Through ESC, you pay only 10% of the full-cost of Teladoc Health services. Teladoc Health visits are not considered a Doctors Office Visit under the Fixed Indemnity plan; therefore, the covered cost does not go towards the your annual outpatient maximum.



Unlimited Visits



Convenient Care



No Membership Fee

General Medical Telehealth

You Pay: \$25/visit

General Medical Telehealth provides 24/7 care for non-emergency conditions.

- Cold
- Flu
- Sinus Infections
- Allergies
- And More!

Online Mental Therapy

You Pay: \$45/visit

Provides you with a therapist of their choice to best fit their needs. Teladoc online therapists can help with:

- Anxiety
- Stress
- Depression
- Relationship Conflicts
- Mood Swings
- And More!

Virtual Primary Care - Primary360

You Pay: \$75 for the initial visit / \$45 for ongoing visits

Provides virtual access to best-in-class physicians within 5 days or less. You will get a dedicated physician who can treat a wide range of chronic conditions while offering the full primary care experience.

- Annual checkups and preventive care
- Referrals to in-network specialists
- Prescriptions
- Lab orders and recommended screenings
- Support with common conditions like diabetes, hypertension and mental health
- And More!

To use Telehealth, Primary360 or Mental Health Services, you may do so by visiting [TeladocHealth.com](https://www.teladochealth.com), calling 1-800-835-2362 or downloading the app.